

# Boosting personal and team effectiveness – an evening's introduction to Belbin Team Roles

## What?

Do you feel that you're not fully using your natural talents at work? Do you ever get frustrated as part of a "team" that doesn't really function well as a team? Is team spirit sometimes jeopardized by difficult relationships with colleagues?

If yes...then join me for this fun, interactive workshop to learn how the Belbin Team Roles approach can help you to increase your own effectiveness, understand the unique contribution you can make within a team and build productive working relationships.

Today's workplace is about teamwork and collaboration. Effective teamwork increases both productivity and satisfaction...and reduces costs. Belbin Team Role profiling gives individuals and their colleagues a better understanding of the range of behaviours needed to make a team effective, and a respect for the unique contribution that each individual can bring to the team. Worldwide, many organizations in both public and private sectors are using the Belbin approach to enhance individual and team performance.

Host and facilitator: Sarah Clark, [www.clearthinking-clearcommunication.ch](http://www.clearthinking-clearcommunication.ch), Belbin Team Role accredited consultant

## When and where?

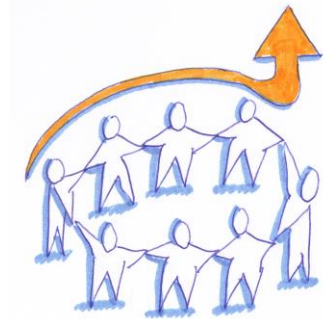
Date: **November 2025, date to be confirmed, 18.00 to 21.00**

Venue: **rue Beau-Séjour 24, 1003 Lausanne**

## Costs?

CHF 125, including refreshments.

To register your interest and to be kept informed of dates, contact Sarah Clark: [sarah@clearthinking-clearcommunication.ch](mailto:sarah@clearthinking-clearcommunication.ch) or 079 342 7826.



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