

clear thinking clear communication

Personal strategy days in the mountains – fresh air for fresh thinking

For anyone needing a day's breathing space to map out an individual strategy to meet professional or personal objectives. Be inspired by the creative use of visual thinking tools in a mountain setting to generate a solid foundation for action.

Is this for me?

- Does the relentless pace of work leave you with little time to think clearly?
- Do you have a motivating professional or personal goal that you can't quite see how to reach?
- Would you like to give yourself space for reflection and creativity to develop the strategy you need?

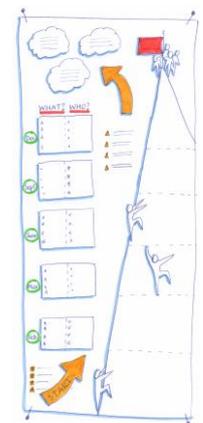
If yes... then join me for a tailor-made day in an inspiring mountain environment. Get away from day-to-day distractions and return with a clear picture – literally – of how to reach your goal.



How does it work?

The programme has three components, designed to ensure you can move from ideas to strategy to action:

- First, a preparatory discussion to **clarify your goal** and current challenges and to **choose visual metaphors** that work well for you.
- Then, a **day in the mountains**. We'll fix date and venue to suit you, with options of working-while-walking or just staying put in a scenic spot. You'll have blocks of calm time inspired by the mountain setting to:
 - ⇒ see things differently, explore possibilities, think creatively about the way forward,
 - ⇒ focus step by step on targeted questions to define the different elements of your strategy,
 - ⇒ work with coloured pens and paper to crystallize your thinking and **build your strategy** using simple visuals,
 - ⇒ share and discuss ideas and challenges.
- Afterwards, two one-hour **follow-up coaching** sessions to take stock of progress and keep you on track.



Cost

The full programme costs CHF 1280 per person (min. 2 participants), excluding travel and meals, and is available at any time of year. To book a date or to find out more, just [contact me](#) by phone or e-mail.

For days organized on an individual basis or two-day programmes, please contact me for prices.



Clear thinking – Clear communication

Consulting, Facilitation, Training

48 chemin de Champ-Rond, 1010 Lausanne, Switzerland

phone (+41) 79 342 7826

sarah@clearthinking-clearcommunication.ch

www.clearthinking-clearcommunication.ch

